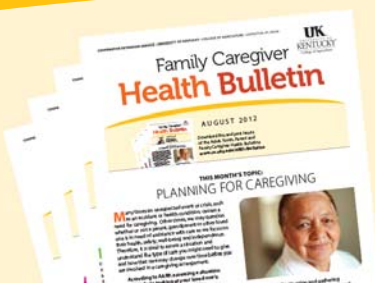


Family Caregiver Health Bulletin



JANUARY 2013

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THIS MONTH'S TOPIC:

KENTUCKY'S AREA DEVELOPMENT DISTRICTS

Kentucky is divided into 15 Area Development Districts (ADD). ADDs employ technical and professional staff who assume non-partisan approaches to deal with problems that plague Kentucky communities. The ADDs serve as forums, clearinghouses and technical centers. While headquarters are located in Frankfort, each ADD has a board of directors of elected officials and citizens from within the district.

- The 15 ADDs provide a system of complete coverage to all 120 counties.
- ADDs provide systematic linkage between local leadership, the Governor's office, state and federal agencies, and private organizations.
- The ADDs deal with all program areas within the Commonwealth.

Kentucky Area Development Districts

One such program area is aging. Each ADD houses a local Area Agency on Aging (AAA). AAAs are local aging programs that provide information and services on a range of assistance for older adults and those who care for them. By contacting your local



agency you can get access to critical information including:

- Available senior services in your area
- Mobility assistance programs, meal plans and housing
- Assistance in gaining access to services
- Individual counseling, support groups and caregiver training
- Respite care
- Supplemental services, on a limited basis

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While every AAA offers different services, specific programs in your area might include:

- Aging support programs
- Aging links and helplines
- Disaster preparedness and emergency services for seniors
- Senior centers
- Family caregiver support
- Disease prevention and health promotion
- Adult day/Alzheimer's disease respite programs
- Personal care attendant programs
- Medicare/Medicaid information
- Benefits counseling

- Home care services
- Ombudsman
- Legal assistance information
- Grandparent support
- State Health Insurance Programs (SHIP)
- Counseling, support and advocacy
- Consumer Directed Options (CDO)
- Senior community service employment
- Aging and disability resources
- Congregate dining/home delivered meals
- Programs for the prevention of elder abuse, mental anguish, financial exploitation, neglect of older adults
- Mental health and aging
- Title 3 (assistance for those 60+ with social and nutritional needs)

To find aging services in your area, contact one of the following Area Agencies on Aging:

Barren River Area

(Counties include: Allen, Barren, Butler, Edmonson, Hart, Logan, Metcalfe, Monroe, Simpson, Warren)

177 Graham Ave.
Bowling Green, KY
42101

Phone: (270) 781-2381
Toll Free: (800) 395-7654
<http://www.bradd.org/>

Big Sandy Area

(Counties include: Floyd, Johnson, Magoffin, Martin, Pike)

110 Resource Court
Prestonburg, KY 41653
Phone: (606) 886-2374
Toll free: (800) 737-2723
<http://bigsandy.org/>

Bluegrass Area

(Counties include: Anderson, Boyle, Bourbon, Clark, Estill, Fayette, Franklin, Garrard, Harrison, Jessamine, Lincoln, Madison, Mercer, Nicholas, Powell, Scott, Woodford)

699 Perimeter Drive
Lexington, KY 40517
Phone: (859) 269-8021
Toll Free (866) 665-7921
<http://bgadd.org/>

Buffalo Trace Area

(Counties include: Bracken, Fleming, Lewis, Mason, Robertson)

201 Government St.
Suite 300
Maysville, KY 41056
Phone: (606) 564-6894

Toll Free: (800) 998-4347
<http://btadd.com/>

Cumberland Valley Area

(Counties include: Bell, Clay, Harlan, Jackson, Knox, Laurel, Rockcastle, Whitley)

342 Old Whitley Road
London, KY 40744
Phone: (606) 864-7391
<http://cvadd.org/>

FIVCO Area

(Counties include: Boyd, Carter, Greenup, Elliott, Lawrence)

32 FIVCO Court
Grayson, KY 41143
Phone: (606) 929-1366
Toll Free: (800) 499-5191
<http://www.fivco.org/>

Gateway Area

(Counties include: Bath, Menifee, Montgomery, Morgan, Rowan)

110 Lake Park Drive
Morehead, KY 40351
Phone: (606) 780-0090
<http://www.gwadd.org/>

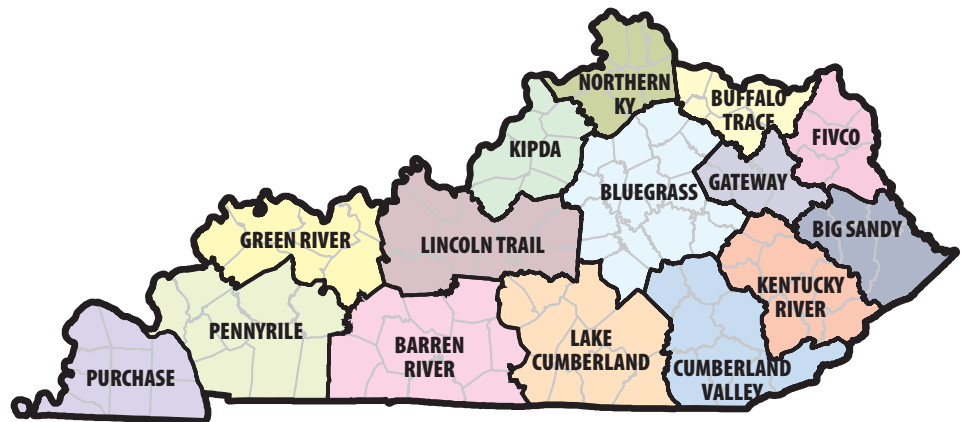
Green River Area

(Counties include: Daviess, Hancock, Henderson, McLean, Ohio, Union, Webster)

3860 U.S. Highway 60 W.
Owensboro, KY 42302
Phone: (270) 926-4433
Toll Free: (800) 928-9093
<http://www.gradd.com/>

KIPDA Area

(Counties include: Bullitt, Henry, Jefferson, Oldham,



Source: Bluegrass Area Development District Website: <http://www.bgadd.org/about.htm>

Shelby, Spencer, Trimble)
11520 Commonwealth Drive

Louisville, KY 40299
Phone: (502) 266-6084
<http://kipda.org/>

Kentucky River Area

(Counties include: Breathitt, Knott, Lee, Leslie, Letcher, Owsley, Perry, Wolfe)

917 Perry Park Road
Hazard, KY 41701-9545
Phone: (606) 436-3158
<http://www.kradd.org/>

Lake Cumberland Area

(Counties include: Adair, Casey, Clinton, Cumberland, Green, McCreary, Pulaski, Russell, Taylor, Wayne)

2384 Lakeway Drive
Russell Springs, KY
42642

Phone: (270) 866-4200
<http://lcadd.org/>
manager/

Lincoln Trail Area

(Counties include: Breckinridge, Grayson, Hardin, LaRue, Marion, Meade, Nelson, Washington)

613 College Street Road
Elizabethtown, KY
42702

Phone: (270) 769-2393

Toll Free: (800) 264-0393

<http://www.ltadd.org/>

Northern Kentucky Area

(Counties include: Boone, Campbell, Carroll, Gallatin, Grant, Kenton, Owen, Pendleton)

22 Spiral Drive,
Florence, KY 41042
Phone: (859) 283-1885
<http://www.nkadd.org/>

Pennyrile Area

(Counties include: Caldwell, Christian, Crittenden, Hopkins, Livingston, Lyon, Muhlenberg, Todd, Trigg)

300 Hammond Drive
Hopkinsville, KY 42040
Phone: (270) 886-9484
Toll Free: (800) 928-7233
<http://www.peadd.org/Default.aspx>

Purchase Area

(Counties include: Ballard, Calloway, Carlisle, Fulton, Hickman, Graves, Marshall, McCracken)

1002 Medical Drive
Mayfield, KY 42066
Phone: (270) 247-7171
<http://www.purchaseadd.org/>

Family Caregiver
Health Bulletin

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